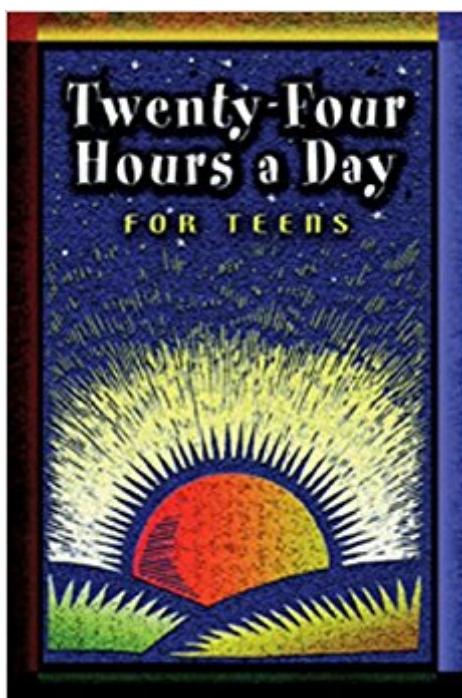


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Twenty Four Hours A Day For Teens: Daily Meditations



Synopsis

A beautiful adaptation of the best-selling meditation book, Twenty-Four Hours a Day, just for teens. Twenty-Four Hours a Day for Teens was created to help young people navigate the peaks and valleys of developing an active spiritual life in recovery. As an abridged and revised version of the classic Twenty-Four Hours a Day, this volume reflects the time-honored wisdom that has helped millions of recovering people around the world in their program of living one day at a time.

Book Information

Series: Daily Meditations

Paperback: 416 pages

Publisher: Hazelden Publishing; abridged edition edition (February 20, 2004)

Language: English

ISBN-10: 1592850782

ISBN-13: 978-1592850785

Product Dimensions: 4 x 0.8 x 6 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 2 customer reviews

Best Sellers Rank: #299,301 in Books (See Top 100 in Books) #21 in Books > Teens > Personal Health > Drug & Alcohol Abuse #58 in Books > Teens > Education & Reference > Social Science > Psychology #261 in Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs

Customer Reviews

Anonymous Anonymous is a contributor for Hazelden Publications including Alcoholics Anonymous Big Book 4th Edition.

gave as a gift

I bought this book for my daughter. It was very good for any youth in recovery.

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